

# De-Normalising data

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# Homework

- This week's is due, next week's is on the website
- Your job: ask and answer a question of the data

# Outline

- Denormalise Data
- Practice

Less duplication

More consistent

# Normalisation

Small pieces joined together

Harder to edit

Harder to view

# Denormalisation

- So, now no redundancy, but unfortunately few statistical algorithms work with normalised data
- So have to **denormalise** it
- We'll use excel now, and R later

# Reminder: Freeze panes

- Very useful for large spreadsheets
- Ensures you can see the id variables at all times
- Panes are frozen at top-left of current selection
- Try it out now

# vlookup

- Looks up data in another “table” using a key
- Do exercises in Juice Analytics spreadsheet

# Why normalise?

- Reduce redundancy to detect possible errors
- Useful way of thinking about objects under study
- Connections with hierarchical linear models



# Shangri-La diet data

- Download it.
- Compare it with your results (look up who is still in the program now)
- How can we calculate weight loss and bmi change?

# What do we need?

- Calculate actual date
- Convert height to single column
- Compute first weight, and date (use vlookup)
- Reference from date-level data
- Calculate bmi, and bmi change